



# JERSEY VILLAGE SENIOR OUTREACH

## MONTHLY PROGRAM NEWSLETTER

**MARCH 2024**

### Member Spotlight

This month we turn the spotlight on our neighbor and JVSO member, Curtis Haverty. Please click on the link below to read his story.

<https://jersey.helpfulvillage.com/pages/10060-senior-spotlight>

### JVSO EVENT INFO



Are you a new member who would like to know more about JVSO?

If you joined after January 1, 2023, you are invited to an informal event at Little Kitchen 9:00AM, Tues, March 5<sup>th</sup>.

Watch your email for reminders.

JVSO will provide a beverage and breakfast snack.

Call or text Nancy Frankel

at 832-722-5640 if you have any questions.

**MARCH BOOK CLUB is CANCELED**  
**APRIL 2<sup>TH</sup> WILL BE THE CUBAN HEIRESS**  
**BY CHANEL CLEETON, HOPEFULLY BACK AT**  
**THE NEW JMGC CLUBHOUSE.**

### RESTORATIVE YOGA...

JO HEWETT WILL LEAD  
A SLOW-PACED CLASS THAT ENCOURAGES  
PHYSICAL AND MENTAL RELAXATION. FLOOR  
MAT REQUIRED, OPTIONAL PILLOW, BLOCKS...

**MARCH 19<sup>TH</sup> AT 3:00PM**

**JV CIVIC CENTER**

### JVSO OPEN HOUSE

**April 4<sup>th</sup> 11:30-12:30**

**Watch your email for more info!**



**SHOUT OUT TO JVSO MEMBER**  
**AMY MOUTON FOR WRITING**  
**THE BRAIN TEASERS**  
**IN OUR WEEKLY EMAILS.**

**WE APPRECIATE HER TIME AND EFFORT!**



- |      |                            |  |
|------|----------------------------|--|
| 3-1  | 8:30am-10                  | Coffee and Conversation<br>At Little Kitchen HTX on Senate |
| 3-4  | 8:30 am                    | Monday Walkers at Fox Park                                 |
| 3-4  | 11:00 am                   | Craft Corner (was Needlepoint)<br>@ Jo Hewett's Home       |
| 3-5  | <b>ELECTION DAY</b>        |  |
| 3-5  | New Member 2023-24 Meeting |  |
| 3-7  | 3:00 pm                    | Chair Yoga   |
| 3-8  | 8:30am-10                  | Coffee and Conversation<br>At Little Kitchen HTX on Senate |
| 3-11 | 8:30 am                    | Monday Walkers at Fox Park                                 |
| 3-13 | 8:45 am                    | Wednesday Walkers JVBC                                     |
| 3-14 | 3:00 pm                    | Chair Yoga   |
| 3-15 | 8:30am-10                  | Coffee and Conversation<br>At Little Kitchen HTX on Senate |
| 3-18 | 8:30 am                    | Walk start at Carol Fox Park                               |
| 3-19 | 3:00pm                     | Restorative Yoga   |
| 3-20 | 8:45 am                    | Wednesday Walkers JVBC                                     |
| 3-20 | 4:00pm                     | Film Club (JVSO website)                                   |
| 3-21 | 3:00 pm                    | Chair Yoga   |
| 3-22 | 8:30am-10                  | Coffee and Conversation<br>At Little Kitchen HTX on Senate |
| 3-25 | 8:00am                     | Day Trip for those registered                              |
| 3-25 | 8:30am                     | Walk at Carol Fox Park                                     |
| 3-25 | 9:30am                     | Breakfast Club meet at<br>Little Kitchen for Breakfast     |
| 3-27 | 8:45 am                    | Wednesday Walkers JVBC                                     |
| 3-28 | 3:00 pm                    | Chair Yoga   |
| 3-29 | 8:30am-10                  | Coffee and Conversation<br>At Little Kitchen HTX on Senate |